



PROJECT MANAGEMENT PROJECTS THAT FLOW™ 2 DAY WORKSHOP WELLINGTON 9 & 10 SEPTEMBER 2026

A 2 day workshop, where even the most experienced people will take away new learnings.

Less Stress • More Success

- *Projects to deliver and don't know where to start?*
- *Are you winging it, rather than planning it?*
- *Are your projects behaving badly?*
- *Are you under pressure to deliver projects?*
- *Have you made commitments for funding or long term planning that you're struggling to deliver?*
- *Do you have any new project managers?*
- *Do any of these describe you or your team:*
 - *Sleepless nights*
 - *Endless meetings*
 - *Buried in paperwork and politics*
 - *Overwhelmed*
 - *Paralysed*
 - *Feeling isolated and on your own*
 - *Burnout*

ABOUT US

The *Integral* Group Limited (TIGL) is a down to earth, pragmatic consulting company who believe in bringing traditional rural values to city business. Our philosophy is simply to get on with the job and get results for our clients - but have fun while we are doing it!

Our areas of expertise include:

- procurement
- project management
- contract management
- negotiating
- responding to tenders
- knowledge management
- facilitation techniques
- section 17A reviews

Your trainer has:

- run over 350 procurement projects. 110 of these in the last 7 years
- run over 40 procurement training workshops
- managed hundreds of projects
- run over 120 project management workshops
- helped over 80 clients respond to tenders
- worked with over 60 councils

Our consultants are passionate about providing clients with practical solutions that are appropriate for them. A commonsense approach is applied to ensure our clients' solutions are successfully embedded with their business.

We do what we do well so you can do your core business well.

WHERE DO YOU WANT TO GET TO?

Project Management Foundation - Projects That Flow™:

- Smart Thinking Foundations
- Trusted Project Roadmaps
- Confident Project Delivery
- In control
- Modern methods that work in practice
- Projects delivered on time, within budget and deliver the outcomes
- Career-proof skills that make you the go-to pro
- Collaborative models working better together

WHO SHOULD ATTEND?

This workshop is intended to lay out the Foundations for Projects That Flow™. It provides the basics of good project management at all levels of an organisation. It is appropriate therefore for a wide range of staff and will benefit anyone who:

- has little or no prior project management experience, through to highly experienced
- is working as part of a project team
- is in a support role to a project
- hopes to be selected for inclusion in a project team
- is a project manager
- is a project sponsor

WHAT WILL I GET OUT OF THIS WORKSHOP?

This workshop will provide participants with:

- a set of hands on and pragmatic tools and techniques that are fast and effective and can be used day to day as well as on projects
- hands on experience using 3 to 4 real projects from the audience
- a strong foundation of project management skills and tools



FOR FURTHER INFORMATION

Email: tigl@tigl.co.nz
 Web: www.tigl.co.nz

Office located in Martinborough
 Servicing all of New Zealand

TESTIMONIALS

“An interesting and interactive workshop which provides a good insight into how projects, especially their planning, can be run using easy tools.”

Russell Pearson - Invercargill City Council

“Knowing nothing about project management I feel I could comfortably work through one with all the new tools and advice that has been given.”

Lisa DeRooy - Westland District Council

“Very strongly recommend this course to anyone who manages projects.”

Dean Phibbs - Buller District Council

“You will not know what you are missing out on in your business until you have been to this workshop.”

Mitchell Jaram - Te Whare Wananga O Awanuiarangi

“A course with real focus on a practical approach to manage a project, which can relate to all levels of an organisation.”

Raj Govind - ECL Group

WHAT WILL BE COVERED?

Session 1 - The Mindset Toolbelt:

- Scrum boards
- The New Paradigm™
- The Idea Selling Maximiser™
- Think Slow, Act Fast
- The 4 Foundation Pillars™
- The Resilience Project

Session 2 - The Strategy Builder™

- Strategy development exercise

Session 3 - The Team Turbo-Charger™

- Clear roles and stick to your role
- Keep it as simple as possible
- Pragmatic and 80/20 versus pure and perfect
- The Collaborator Accelerator™
- Horses for courses
- Small teams
- Delegate and trust
- The 4 C's Formula
- Templates & checklists

Session 4 - Initiate Phase

- Right Track Workshop™
 - background
 - objectives
 - stakeholder analysis
 - risk analysis
 - the Strategic Slider Setter™
 - governance
 - team

Session 5 - The Planning phase

- Overview of the Planning phase
- The Planning Jam-Session™
- Developing the written project plan

Session 6 - The Delivery phase

- Resourcing the project
- The Mission Control-Panel™
- Tracking & reporting
- Managing people

Session 7 - The Close phase

- Debriefing
- Reviews
- Reporting
- Lessons learnt and follow-up

Session 8 - The Strategy Builder™

- Strategy development exercise # 2

Workshop Summary

- final wrap up
- next steps

WHAT IS THE RIGHT TRACK WORKSHOP™?

The Right Track Workshop™ was developed in 2014. It is a pragmatic and effective tool which we use at the beginning of every project, and train at all the Project Management and Procurement Training workshops that we run.

WHERE IS THE TRAINING?

This public workshop is in Wellington

If you choose to hold a workshop **in-house**, all you have to do is provide a suitable venue and appropriate support - [Arrange for a 10min chat](#)

Or we can host the workshop in [Rural Martinborough](#) (request information)

HOW MUCH DOES IT COST?

Public: \$1600/person; **Earlybird Special:** \$1400/person if paid by 1 August

Special: Bring 5 pay for 4 (saving of \$1,600)

In-house workshops: pricing for September 2026 as per the table below:

Up to 10 attendees	Per person fee in excess of 10 attendees
\$16,000	\$1,600

TIGL's pricing conditions for this training are:

- prices are exclusive of GST
- credit term is 20th of the month after invoice date
- the only disbursements claimed are for out of town travel and mileage for in-house training
- TIGL supply materials and workbooks
- the client supplies the venue and catering for in-house training - public workshop this is included

GUARANTEE

TIGL absolutely guarantee our work. Our satisfaction guarantee to you is that:

- in the unlikely event that you're not satisfied with our work, we would make sure that we work with you to put it right
- if at any time you're not satisfied with the value you've received when we invoice you, then we ask you to pay the value that you deem appropriate.